

ROYAL CANADIAN AIR CADETS



COURSE TRAINING STANDARDS

PROFICIENCY LEVEL PROGRAMME FOR LOCAL HEADQUARTERS MANDATORY TRAINING

Issued on Authority of the Chief of the Defence Staff

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PREFACE

- 1. A-CR-CCP-265/PC-001, Royal Canadian Air Cadets, Course Training Standards, Proficiency Level Programme for Local Headquarters Mandatory Training, is issued on the authority of the Chief of the Defence Staff.
- 2. This publication is effective upon receipt.
- 3. These Course Training Standards (CTS) were developed by the Director Cadets Air (D Cdts Air). Much of this work was based on the results of the Cadet Programme Review Project (CPRP); the Standards Board, which was convened in September 1987; and contributions by the National Office of the Air Cadet League of Canada. This CTS was prepared in accordance with the performance oriented concept of training outlined in A-P9-000-001/PT-001, Canadian Forces Manual of Individual Training, with modifications, as required, to meet the needs of Air Cadets.
- 4. This CTS has led to the development of five Course Training Plans (CTPs) for the proficiency levels of training and the period of On-Job Training (OJT), as well as the supporting cadet handbooks. Under normal circumstances, a CTS is produced for every CTP, but for the five programme publications only one CTS has been produced for the five CTPs. This modification was adopted to provide a single publication that would give an overview of the total Proficiency Level Programme and to streamline the development process.
- 5. Suggestions for changes will be forwarded to National Defence Headquarters (NDHQ), Attention: Director Cadets Air.

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CHAPTER ONE GENERAL



Aim
Outline of Training
Training Strategy
Use of CTS
Use of Cadet Administrative and Training Order (CATOs)

Annex A – Overview of the Mandatory Training Time Allocation

CHAPTER 1

GENERAL

AIM

- 1. These CTS are to direct the conduct of the Proficiency Level Programme, therefore providing the course cadets with the required skills and knowledge in order to meet the aims of the Royal Canadian Air Cadets (RCAC) and the training objectives.
- 2. The three aims are as follows:
 - a. to develop in youth the attributes of good citizenship and leadership;
 - b. to promote physical fitness; and
 - c. to stimulate the interest of youth in the air activities of the Canadian Forces (CF).
- 3. The training objectives for the RCAC are as follows:
 - a. to produce leaders to support the RCAC training system;
 - b. to teach skills in the field of aviation;
 - c. to promote physical fitness;
 - d. to stimulate an interest in the Canadian Air Force;
 - e. to develop instructional and leadership skills;
 - f. to promote RCAC in the community;
 - g. to participate in activities that support the local community;
 - h. to develop self-discipline;
 - j. to promote awareness of Canada's past and present contributions to the development of aviation and the aerospace industry;
 - k. to promote sensible living habits; and
 - m. to teach firearm safety.

OUTLINE OF TRAINING

- 4. The Air Cadet Training System consists of two components: the Local Headquarters (LHQ) Programme; and the Summer Training Programme. The LHQ Programme is divided into two separate components: the Proficiency Level Programme; and Optional Training. This CTS covers the Proficiency Level Programme.
- 5. The Proficiency Level Programme is conducted at the cadet squadron during the period that begins 01 September and ends the following year on 30 June. It is conducted throughout the year using a combination of training sessions, training days and training weekends.

- 6. The Proficiency Level Programme is a mandatory programme carried out at the cadet squadron which teaches and practices the minimum knowledge and skills necessary to achieve the training objectives. This programme is divided into four levels of training and one level of OJT. Normally, a cadet will only attempt one proficiency level in a given year.
- 7. Each proficiency level is composed of performance objectives (POs) subdivided into enabling objectives (EOs). Upon completion of each EO an enabling check will be administered. The performance check (PCs) for each PO is conducted at the end of each PO.

TRAINING STRATEGY

- 8. Each proficiency level contains two components of training. They are as follows:
 - a. mandatory training; and
 - b. mandatory support training.
- 9. The mandatory training content of each proficiency level is outlined in the subparagraphs that follow:
 - a. Level 1 90 periods;
 - b. Level 2 90 periods;
 - c. Level 3 90 periods;
 - d. Level 4 90 periods; and
 - e. OJT Level 5 38 periods.
- 10. The mandatory support training consists of those activities in support of the periods of instruction that are required in order to practice or evaluate the skills required of a cadet. There are eight additional days set aside for this training for each proficiency level. This training is broken down as follows:
 - a. two days for citizenship activities;
 - b. two days for physical fitness activities;
 - c. two days (one weekend) for one Aircrew Survival exercise;
 - d. one day for the squadron annual review; and
 - e. one day for familiarization flying.

NOTE

Two days for Level 5 – Leadership (only requirement for Level 5 mandatory support).

- 11. A short description of the aim of each proficiency level follows. Each subsequent proficiency level will build on the knowledge and skills of the previous level.
 - a. **Proficiency Level 1.** The aim of the Level 1 Course is to provide an air cadet recruit with the basic skills, theoretical knowledge and practical experience required to function as a member of an air cadet squadron and to prepare the cadet to perform the duties of a corporal.
 - b. **Proficiency Level 2.** The aim of the Level 2 Course is to complete the instruction of the basic skills, theoretical knowledge and practical experience required for a cadet to function as a member of a cadet squadron and to prepare the cadet to perform the duties of a sergeant.

- c. **Proficiency Level 3.** The aim of the Level 3 Course is to prepare the cadets for a leadership position; therefore a more in-depth look at leadership is essential to this course. The basic instructional techniques are also part of the curriculum.
- d. **Proficiency Level 4.** The aim of the Level 4 Course is to complete instruction of the Proficiency Level Programme training in order to prepare the course cadet for a senior appointment and leadership position within the unit.
- e. Level 5 OJT. The aim of Level 5 OJT is two-fold:
 - (1) to enhance a cadet's ability to take charge, organize and supervise squadron activities; and
 - (2) to broaden a cadet's knowledge of the squadron administration and supply departments so that the cadet can better support squadron staff when the need arises.
- 12. To help create the optimal learning environment to meet the aims of this training, the course is focused on active participation and stimulating activities in an air environment. This philosophy will enhance the retention of cadets for the duration of the course and it will encourage learning.
- 13. Annex A to this chapter provides an overview of the mandatory training time allocation within the Proficiency Level Programme (note that one period of instruction is equal to 35 minutes).

USE OF CTS

14. This CTS will be used as the primary authority governing the design, conduct and validation of the Proficiency Level Programme. It must be used in conjunction with the CTPs and Cadet Administrative and Training Orders (CATOs) in the conduct of training.

USE OF CADET ADMINISTRATIVE AND TRAINING ORDER (CATOs)

- 15. The CATOs, Volume V, are issued by D Cdts Air on the authority of the Chief of the Defence Staff (CDS). They replace subject orders in Canadian Forces Cadet Policies and Procedures as well as Regional Orders for the conduct of training.
- 16. CATOs, Volume V, include information pertaining to the various aspects of air cadet training, such as policies for promotion, optional training, summer training directives, employment prerequisites for staff cadets, dress regulations, familiarization flying, etc. CATOs, Volume 5, must be used in conjunction with the CTS and the various CTPs issued by D Cdts Air in the management of the air cadet training system.

ANNEX A

OVERVIEW OF THE MANDATORY TRAINING TIME ALLOCATION

(number of training periods)

NOTE

Shaded areas represent those POs that require Mandatory Support Training.

| PO/Subject | Level 1 | Level 2 | Level 3 | Level 4 | OJT Level 5 | Totals |
|--------------------------------------|---------|---------|---------|---------|----------------|--------|
| PO 400 – Intro to Admin and Supply | NA | NA | NA | NA | 16 | 16 |
| PO 401 – Drill | 25 | 16 | 07 | 07 | 04 | 59 |
| PO 402 – Drill Instruction | NA | NA | 07 | NA | NA | 07 |
| PO 403 – General Cadet Knowledge | 12 | 11 | 03 | NA | NA | 25 |
| PO 404 – Citizenship | 02 | 05 | 04 | 05 | NA | 16 |
| PO 405 – Physical Fitness | 01 | 01 | 01 | 04 | NA | 07 |
| PO 406 – Sensible Living | 03 | 03 | 03 | 06 | NA | 15 |
| PO 408 – Leadership | NA | 06 | 08 | 09 | 18 | 41 |
| PO 409 – Instructional Techniques | NA | NA | 15 | 06 | NA | 21 |
| PO 410 – Effective Speaking | 02 | 09 | NA | NA | NA | 11 |
| PO 411 – Aircraft Identification | 04 | NA | NA | NA | NA | 04 |
| PO 412 – Aeronautical Facilities | 06 | NA | NA | NA | NA | 06 |
| PO 413 – Meteorology | NA | NA | NA | 07 | NA | 07 |
| PO 414 – Principles of Flight | NA | 06 | NA | NA | NA | 06 |
| PO 415 – Airframe Structure | 07 | NA | NA | NA | NA | 07 |
| PO 416 – Propulsion | NA | 05 | 07 | NA | NA | 12 |
| PO 417 – Navigation | NA | NA | 06 | 10 | NA | 16 |
| PO 418 – Radio Communication | NA | 02 | 06 | NA | NA | 08 |
| PO 419 – Aircrew Survival | 05 | 03 | 08 | 01 | NA | 17 |

| PO/Subject | Level 1 | Level 2 | Level 3 | Level 4 | OJT Level 5 | Totals |
|--|---------|---------|---------|---------|----------------|--------|
| PO 420 – Training Support | NA | NA | NA | 20 | NA | 20 |
| PO 421 – Shooting | 06 | NA | NA | NA | NA | 06 |
| Periods allocated to Commanding Officers (COs) | 17 | 24 | 15 | 15 | NA | 71 |
| Totals | 90 | 90 | 90 | 90 | 38 | 398 |

CHAPTER TWO COURSE MANAGEMENT DETAILS



CHAPTER 2

COURSE MANAGEMENT DETAILS

RESPONSIBLE AGENCIES AND TRAINING ESTABLISHMENTS

- 1. The agencies that are involved in this training programme are the following:
 - a. Controlling Agency NDHQ/D Cdts Air;
 - b. Training Agency NDHQ/D Cdts Air;
 - c. Selecting Agency Cadet Squadron Commanding Officer (CO);
 - d. Loading Agency Cadet Squadron CO; and
 - e. Supporting Agency Regional Headquarters/Bases, etc.
- 2. The only units authorized to conduct the Proficiency Level Programme are recognized Air Cadet Squadrons. These training establishments are solely responsible for the implementation of the programme. The design, promulgation and validation of the mandatory portions of the Proficiency Level Programme, however, are the responsibility of D Cdts Air.

SCHEDULING

- 3. Training will be scheduled by the squadron training officer in accordance with the five CTPs published by NDHQ/D Cdts Air. As local conditions, resources and personnel will differ from one unit to the other, training officers must develop their own training timetable ensuring that all mandatory and mandatory support training is covered. The order of presentation of the EOs may be changed to suit the timetable.
- 4. All Proficiency Level training must be scheduled to coincide with the cadet squadron training year. The Level 5 OJT is a course of a shorter duration when compared to the other Proficiency Level courses. It contains only 38 mandatory periods of instruction to allow the course cadets the opportunity to perform OJT and also so the squadron training officer can utilize them in support of the squadron staff.

PREREQUISITES

- 5. The following identify the required minimum prerequisites for each Proficiency Level:
 - a. **Level 1.** Candidates must be properly enrolled members of the Air Cadets as defined by the Queen's Regulations and Orders for the Canadian Cadet Organizations (QR [Cadets]).
 - b. Level 2. Cadets must be qualified Level 1.
 - c. Level 3. Cadets must be qualified Level 2.
 - d. Level 4. Cadets must be qualified Level 3.
 - e. Level 5 OJT. Cadets must be qualified Level 4.

TRAINING DURATION

6. The Proficiency Level Programme training is set at 398 periods of instruction and 32 days of mandatory support training (4 years by 8 days). This programme will normally take five years to complete. The training includes all instruction, practice and testing.

CADETS JOINING AT 14 YEARS OLD OR OLDER

- 7. COs may combine Proficiency Level 1 and Proficiency Level 2 training to accelerate training for a cadet joining at 14 years old or older. These cadets represent the exception and a case by case decision as to if the cadet is mature enough to undergo such training must be made by the CO.
- 8. Due to the progression in Mandatory Training and the complementary nature of summer training, no cadet must be allowed to undergo a given level of LHQ training without first qualifying with the previous level. **Training for other Proficiency Levels must not be combined.**

INSTRUCTOR ALLOCATIONS

- 9. The minimum requirements for the implementation of the Proficiency Level Programme are as follows:
 - a. one officer to coordinate training and requirements (a training officer);
 - b. five course officers (civilian instructors may fulfil these positions). In smaller squadrons an officer/civilian instructor may coordinate more than one course;
 - c. cadet instructors any number, as required (a minimum qualification of LHQ Level 4 and a summer Advanced Training Course or LHQ Level 5 should be considered minimum prerequisites); and
 - d. guest speakers any number, as required (assistance from the affiliated unit, sponsor or local community are potential resource groups).

COURSE CAPACITY

10. The programme capacity is unlimited in theory. However, course capacity is not to exceed available personnel and material resources. All cadet activities must be supervised by officers, civilian instructors and volunteers.

INSTRUCTION IN LANGUAGE OF CHOICE

11. The Proficiency Level Programme must be conducted in an official language in accordance with the CATOs.

QUALIFICATIONS

- 12. Successful completion of the Proficiency Level Programme gives the following qualifications:
 - a. **Level 1.** The following qualifications are applicable:
 - (1) squadron rank prerequisite to the rank of corporal; and
 - (2) summer training prerequisite for Familiarization Courses.
 - b. Level 2. The following qualifications are applicable:
 - (1) squadron rank prerequisite to the rank of sergeant; and
 - (2) summer training prerequisite for Introductory Specialty Courses.
 - c. **Level 3.** The following qualifications are applicable:
 - (1) squadron rank prerequisite to the rank of flight sergeant;
 - (2) summer training prerequisite for Advanced Specialty Courses; and
 - (3) minimum prerequisite for employment as staff-cadet (training support).

- d. Level 4. The following qualifications are applicable:
 - (1) squadron rank prerequisite to the rank of warrant officer second class;
 - (2) summer training prerequisite for the Senior Leaders Course and the Flying Scholarship; and
 - (3) minimum prerequisite for employment as staff-cadet (training).
- e. Level 5. The following qualifications are applicable:
 - (1) squadron rank prerequisite to the rank of warrant officer first class; and
 - (2) summer training prerequisite for the International Air Cadet Exchange Programme.
- 13. These proficiency level qualifications cannot be obtained during the summer training period. In addition, the proficiency level qualifications are required prerequisites for summer camp courses.
- 14. Having met the LHQ prerequisites, the cadet is assured to be eligible for a promotion; however, it does not assure the cadet of a promotion. A complete description of the selection process for air cadet promotion can be found in CATO 51-02.

RELATED DOCUMENTS

- 15. The following list contains those documents that govern the RCACs:
 - a. National Defence Act (NDA), Section 46;
 - b. QR&Os for the Canadian Cadet Organization QR Cadets;
 - c. Canadian Forces Organizational Order (CFOO) 1.0.1 for the Canadian Cadet Organization; and
 - d. CATOs.
- 16. For a list of main references that govern the conduct of the Proficiency Level Programme, see Annex A of this CTS.

TRAINING SUPPORT

- 17. Access to the following facilities is required for the conduct of the Proficiency Level Programme:
 - a. an area to conduct drill instruction;
 - b. classrooms, as required;
 - c. an area to conduct sports activities;
 - d. a range; and
 - e. an area to conduct Familiarization Flying (flying areas to be determined and coordinated by NDHQ/D Cdts 4-2 in collaboration with Regional Air Operations Officer [Air Ops O]).

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- 18. The following audio visual equipment is required to conduct the Proficiency Level Programme:
 - a. Projector, overhead, still picture 6730-21-841-8085.
 - b. Screen, projection 6730-21-863-0115.
 - c. Projector, still picture, 2 inches by 2 inches 6730-21-907-6439.

TRAINING LIMITATIONS

19. There are no training limitations that apply since the Proficiency Level Programme is mandatory training for all air cadets.

CHAPTER THREE ASSESSMENT OF COURSE CADETS



General
Supplemental Assessment
Progress Monitoring
Unsatisfactory Course Progress
Course Reporting

CHAPTER 3

ASSESSMENT OF COURSE CADETS

GENERAL

- 1. In order to successfully complete a given Proficiency Level, the course cadet must meet all standards as detailed in the POs listed in Chapter 4 of this CTS. In addition, a cadet's overall conduct and behaviour will be taken into consideration as part of the cadet's assessment. The successful completion of each Proficiency Level of training is based on **BOTH** the academic performance and the overall behaviour of a cadet.
- 2. Each of the 20 POs in the Proficiency Level Programme will be assessed using one of three evaluation methods. At times, the POs may be assessed using a combination of these methods. The three methods are as follows:
 - a. PCs. This method of assessment is used to evaluate a cadet's skill level; in other words, to check a cadet's performance of a skill. The cadet will be asked to correctly perform an action. A pass (P) or fail (F) grading will be assigned. A written examination is not required.
 - b. **Test of Supporting Knowledge.** These tests can be oral or written, although it is strongly recommended that they be oral. The pass mark is 60 per cent.
 - c. **Participation.** This method of assessment asks the cadet to participate in an activity. Participation is sufficient for a passing grade. A written examination is not required.
- 3. The second type of assessment is done based on the cadet's behaviour and conduct. Course cadets are required to meet the standard of behaviour and conduct expected from all cadets. Although a cadet's behaviour and conduct are subjective determinations with no quantifiable means, the Proficiency Level Programme contains some explanations as to the type of behaviour expected of an air cadet. There are two types of conduct detailed in the Proficiency Level Programme and they are as follows:
 - a. those rules of conduct that apply specifically to cadets, such as no consumption of alcoholic beverages, EO 403.01 – Level 1; and
 - b. the rules of conduct that govern a cadet's manner in public and among fellow cadets, such as EO 403.06 which explains the way of addressing an officer or non-commissioned officer (NCO).
- 4. There is a third category of behaviour that is not specifically detailed in the Proficiency Level Programme. It concerns those unwritten rules of conduct that apply to everyone in society, such as the theft of property or physical injury caused to others. In addressing inappropriate conduct on the part of a cadet, the course officer will follow normal counselling procedures as laid down in A-CR-CCP-910/PT-002.

SUPPLEMENTAL ASSESSMENT

- 5. It is the duty of the squadron training officer to determine, in consultation with the course officer, if supplemental assessment is appropriate. There is no fixed schedule for retesting; the course officer must set aside the required time for retesting on an individual basis. Retesting may require remedial training, rechecking and/or retraining.
- 6. A successful retest is equal to a **pass** in the case of a PC and it is equal to the minimum passing grade of 60 per cent in the case of a written test. In the case of participation, a retest may be difficult to organize within the Proficiency Level Programme, therefore, an equivalent activity or lecture from school may be accepted by the squadron training officer, e.g., if a course cadet misses participation in a sports activity (PO 405) due to illness, an equivalent sporting activity from school, municipal hockey league, etc., may be accepted.

PROGRESS MONITORING

- 7. The progress of each cadet is to be monitored by the course officer. Monitoring will provide an early warning of any difficulties that the cadet might be experiencing and it will provide some feedback on the effectiveness of the training. In the Proficiency Level Programme, there are two mechanisms used for this purpose: the cadet information sheet; and cadet interviews. Both these methods are discussed in the subparagraphs that follow:
 - a. Cadet Information Sheet (DND 1964). This record can be obtained using the NATO Stock Number (NSN). It is the cadet's course report. It contains all the results from the various assessments. It is also completed by the course officer as the results become available. An initial failure of any one PO can be marked down in pencil until a successful retest is completed. This record need not be typed but can be written neatly in pen. It is recommended that the Cadet Information Sheet (DND 1964) be managed by the squadron training officer. Most squadrons put all the Cadet Information Sheets in a binder and make them available to the training staff so that they can easily record the results, grades, marks, etc. There is no need to put the Cadet Information Sheet in the cadet's individual administrative file as its accessibility will be limited.
 - b. Cadet Interviews. These interviews must be conducted by mid-course (the 15th training session). Each cadet will be interviewed by the course officer in order to obtain feedback on learning difficulties, the presentation of the course and any administrative problems. This interview system does not preclude the reporting of problems as they arise, but ensures that feedback takes place for all cadets. A 10-minute time slot should be sufficient for each cadet interview. Interviews will be conducted in accordance with the methods taught on the Lieutenant Qualification Course. A-CR-CCP-910/PT-002, Chapter 11, contains the necessary information to conduct a good interview.

UNSATISFACTORY COURSE PROGRESS

- 8. Unsatisfactory course progress is often indicated by one of the following criterion:
 - a. a failure of any one of the POs;
 - b. a lack of attendance at cadet training sessions/mandatory activities; and
 - c. inappropriate conduct on behalf of a course cadet.

COURSE REPORTING

9. The Cadet Information Sheet (DND 1964) is the cadet's course report for LHQ training. A report will be completed for each cadet for all Proficiency Levels that the cadet attends. The cadet training record will be transferred to the Cadet Record of Service when the cadet leaves the squadron. The Cadet Information Sheet is to be kept for a period of five years after the cadet's struck off strength (SOS) date.

CHAPTER FOUR PERFORMANCE OBJECTIVES



PO 421 – Shooting

PO 400 – Introduction to Squadron Administration and Supply PO 401 - Drill PO 402 - Drill Instruction PO 403 – General Air Cadet Knowledge PO 404 - Citizenship PO 405 - Physical Fitness PO 406 – Sensible Living PO 408 – Leadership PO 409 - Instructional Techniques PO 410 - Effective Speaking PO 411 – Aircraft Identification PO 412 – Aeronautical Facilities PO 413 – Meteorology PO 414 – Principles of Flight PO 416 - Propulsion PO 417 - Navigation PO 418 - Radio Communication PO 419 – Aircrew Survival PO 420 – Training Support

CHAPTER 4

PERFORMANCE OBJECTIVES

1. The pages that follow contain details on each PO for each proficiency level. This includes the performance statement, conditions, standard statement and references.

NOTE

In regard to the **References** paragraph under the POs that follow, references that begin with an **A** followed by a number (e.g., A10) refer to the references listed in Annex A of this publication.

PO 400 - INTRODUCTION TO SQUADRON ADMINISTRATION AND SUPPLY

- 1. **Performance.** PERFORM ADMINISTRATIVE DUTIES.
- 2. **Conditions.** The following are given:
 - a. instruction;
 - b. administrative tasks;
 - c. equipment, as required; and
 - d. supervision.
- 3. **Standards.** In accordance with the instructions received, the cadet must perform a series of administrative tasks in support of the Squadron Administration Officer and the Squadron Supply Officer.

| Item | LHQ Level |
|--|-----------|
| Identify the duties and responsibilities of the Squadron Administration Officer. | Level 5 |
| Identify the duties and responsibilities of the Squadron Supply Officer. | Level 5 |
| Perform duties related to the squadron supply. | Level 5 |
| Perform duties related to the squadron administration. | Level 5 |

4. **References.** A10, A11, A13 and A20.

PO 401 - DRILL

- 1. Performance. PARTICIPATE IN SQUADRON DRILL AND CEREMONIAL.
- 2. **Conditions.** The following are given:
 - a. drill area;
 - b. words of command;
 - c. equipment as required;
 - d. instructor; and
 - e. squad of cadets.
- 3. **Standards.** In accordance with the air cadet handbooks, the cadet must perform squad, flight, squadron and ceremonial drills to include the following:

| Item | LHQ Level |
|---|-----------|
| Follow correct fall-in procedure for formation of a squad. | Level 1 |
| Adopt the positions of attention, stand-at-ease and stand easy. | Level 1 |
| Execute stand-at-ease from attention and from stand easy; execute attention from stand-at-ease. | Level 1 |
| Execute the movements required for a right dress. | Level 1 |
| Execute paces forward and back; open order and close order march. | Level 1 |
| Execute right and left turns at the halt. | Level 1 |
| Execute the about turn at the halt. | Level 1 |
| March and halt in quick time. | Level 1 |
| Execute stepping out, stepping short and wheeling in quick time. | Level 1 |
| Execute marking time, forward and halting in quick time. | Level 1 |
| Execute a salute with the hand at the halt. | Level 1 |
| Execute a salute on the march without arms. | Level 1 |
| Pay compliments as a member of a squad. | Level 1 |
| Execute calling the role, numbering and proving. | Level 1 |
| Fall-in and fall-out of ranks. | Level 1 |
| Execute forming single file from three ranks at the halt and on the march; execute reforming threes from single rank from the halt and at the halt. | Level 1 |

| Item | LHQ Level |
|--|-----------|
| Execute sizing in one, two and three ranks. | Level 2 |
| Execute left (right) turns and left (right) inclines on the march in quick time. | Level 2 |
| Execute the about turn on the march in quick time. | Level 2 |
| Execute marching and halting in double time – changing from double time to quick time and changing from quick time to double time. | Level 2 |
| Execute the change step on the march in quick time. | Level 2 |
| Execute the movements required for closing to the left or the right. | Level 2 |

| Item | LHQ Level |
|--|-----------|
| Identify formations of a flight and personnel positions. | Level 3 |
| React to cautionary commands. | Level 3 |
| Forming up and dressing as member of a flight in line. | Level 3 |
| Conduct an inspection of a flight. | Level 3 |
| Give drill command. | Level 3 |
| Command a flight to execute foot drill. | Level 3 |

| Item | LHQ Level |
|--------------------------------|-----------|
| Identify squadron formations. | Level 4 |
| Review Parade ground. | Level 4 |
| Forming up a squadron. | Level 4 |
| Dressing a squadron in line. | Level 4 |
| Falling in the officers. | Level 4 |
| Squadron review. | Level 4 |
| Sequence of a squadron review. | Level 4 |

| ltem | LHQ Level |
|--|-----------|
| Plan and supervise two squadron parades. | Level 5 |

| Item | LHQ Level |
|--|--|
| Participate in the Squadron Annual Review. | Level 1 Level 2 Level 3 Level 4 |

4. **References.** A2, A4, A7, A9, A11 and A12.

PO 402 - DRILL INSTRUCTION

- 1. **Performance.** TEACH DRILL.
- 2. **Conditions.** The following are given:
 - a. drill area;
 - b. words of command;
 - c. equipment, as required;
 - d. instructor; and
 - e. squad of cadets.
- 3. **Standards.** The cadet must assist the instructors of Levels 1 and 2 by forming a squad, discretely correcting the faults, calling the time and using mechanical aids, if required.

| Item | LHQ Level |
|--|-----------|
| Identify the stages of a drill lesson. | Level 3 |
| Execute the hollow square formation. | Level 3 |
| Deliver a 15-minute drill mutual. | Level 3 |
| Assist with drill instruction. | Level 3 |

| Item | LHQ Level |
|--|-----------|
| Teaching drill. | Level 4 |
| Calling out the time. | Level 4 |
| Types of formation. | Level 4 |
| Instructional techniques/mechanical aids to drill. | Level 4 |

4. **References.** A2, A4, A7, A9 and A12.

PO 403 – GENERAL AIR CADET KNOWLEDGE

- 1. **Performance.** DEMONSTRATE PRIDE AND LOYALTY IN THE LOCAL CADET SQUADRON AND THE RCAC.
- 2. **Conditions.** The following are given:
 - a. an air cadet squadron;
 - b. a fire drill;
 - c. fire-fighting equipment;
 - d. an air cadet uniform;
 - e. air cadet ranks and badges;
 - f. squadron standing orders; and
 - g. references.
- 3. **Standards.** The cadet must demonstrate pride and loyalty in the local cadet squadron and the RCAC.

| Item | LHQ Level |
|--|-----------|
| Observe building fire orders and squadron standing orders. | Level 1 |
| Respond to questioning on the RCAC Organization and the home squadron. | Level 1 |
| State the motto, the three aims and the oath of loyalty. | Level 1 |
| Identify the rank structure of the RCAC. | Level 1 |
| Identify the rank structure of officers in the air element of the CF. | Level 1 |
| Observe all rules and procedures for addressing an officer and an NCO. | Level 1 |
| Observe all dress regulations as they pertain to RCAC. | Level 1 |
| Carry out the duties of a follower. | Level 1 |

| Item | LHQ Level |
|--|-----------|
| Discuss the requirement for Proficiency Level 2. | Level 2 |
| Discuss the cadet responsibilities of the Department of National Defence (DND) and the Air Cadet League. | Level 2 |
| Identify the rank insignia of the Royal Canadian Sea Cadets. | Level 2 |
| Identify the rank insignia of the Royal Canadian Army Cadets. | Level 2 |
| Discuss the summer training options available through RCAC. | Level 2 |

| Item | LHQ Level |
|---|-----------|
| Discuss the requirements for Proficiency Level 3. | Level 3 |
| Identify the squadron chain of command. | Level 3 |
| Discuss the specifics of scholarship training and the summer selection process. | Level 3 |

4. **References.** A2, A4, A7, A13 and A20.

PO 404 - CITIZENSHIP

- 1. **Performance.** PARTICIPATE IN SQUADRON COMMUNITY ACTIVITIES WITHIN THE COMMUNITY, PROVINCE AND COUNTRY.
- 2. **Conditions.** The following are applicable:
 - a. **Given.** The following are given:
 - (1) the National flag;
 - (2) supervision;
 - (3) access to required resources;
 - (4) opportunity to participate in citizenship activities;
 - (5) opportunity to participate in a meeting; and
 - (6) quorum for a meeting.
 - b. **Denied.** Assistance.
- 3. **Standards.** The cadet will participate in community activities.

| Item | LHQ Level |
|--|-----------|
| Discuss the duties and responsibilities of a citizen. | Level 1 |
| Pay respect to the National flag of Canada and sing the National anthem. | Level 1 |

| Item | LHQ Level |
|--|-----------|
| Describe the three types of government. | Level 2 |
| Describe the structure of the Canadian government. | Level 2 |
| Discuss the purposes of existing community groups. | Level 2 |
| Identify ways to preserve the environment. | Level 2 |

| Item | LHQ Level |
|--|-----------|
| Deliver a 15-minute speech on a community group of the cadet's choice. | Level 3 |

| Item | LHQ Level |
|--|-----------|
| Identify the components of a memorandum/write a memorandum. | Level 4 |
| Identify the components of a meeting/participate in a meeting/chair a meeting. | Level 4 |

| Item | LHQ Level |
|--|--|
| Participate in community activities organized by the squadron. | Level 1 Level 2 Level 3 Level 4 |

4. **References.** A2, A4, A7, A9, A16 and A17.

PO 405 - PHYSICAL FITNESS

- 1. **Performance.** PARTICIPATE IN TEAM SPORTS ACTIVITIES AND THE AIR CADET FITNESS PROGRAMME.
- 2. **Conditions.** The following are applicable:
 - a. **Given.** The following are given:
 - (1) supervision;
 - (2) sports area;
 - (3) sports activities; and
 - (4) sports equipment.
 - b. Denied. Assistance.
- 3. **Standards.** The cadet will participate in team sports activities and the Air Cadet Fitness Programme.

| Item | LHQ Level |
|---|--|
| Participate in a discussion on the cadet sports programme. | Level 1 Level 2 Level 3 |
| Participate in the Air Cadet Fitness Programme. | Level 1 Level 2 Level 3 Level 4 |
| Participate in team sports activities. | Level 1 Level 2 Level 3 Level 4 |
| Discuss minor team games. | Level 4 |
| Identify the duties of a sports official. | Level 4 |
| Assist squadron staff in organizing sports meet as a member of a group. | Level 4 |
| Act as minor official for a sports meet. | Level 4 |

4. **References.** A2, A4, A7 and A9.

PO 406 - SENSIBLE LIVING

- 1. **Performance.** PURSUE A HEALTHY AND SAFE LIFESTYLE.
- 2. **Conditions.** The following are given:
 - a. the Canada Food Guide;
 - b. handouts provided by guest lecturers; and
 - c. equipment provided by guest lecturers.
- 3. **Standard.** The cadet must attend lectures on subjects related to the development of sensible living habits.

| Item | LHQ Level |
|---|-------------------------------|
| Principles of personal hygiene and nutrition. | Level 1 Level 2 Level 3 |
| Rules and regulations of fire prevention. | Level 1 Level 2 Level 3 |
| Cadet regulations on the use of drugs. | Level 1 Level 2 Level 3 |
| The Youth Protection Services. | Level 1 Level 2 Level 3 |
| The dangers of health by the illicit or indiscriminate use of drugs and the effects of smoking. | Level 1 Level 2 Level 3 |
| Identify the components of a Curriculum Vitae/write a Curriculum Vitae. | Level 4 |
| Identify the components of an employment letter/write a letter of employment. | Level 4 |
| How to prepare for a job interview. | Level 4 |

4. **References.** A2, A4, A7, A9, A19 and A21.

PO 408 – LEADERSHIP

- 1. **Performance.** LEAD A GROUP OF CADETS.
- 2. **Conditions.** The following are applicable:
 - a. **Given.** The following are given:
 - (1) supervision;
 - (2) equipment as required;
 - (3) opportunities to apply the acquired knowledge; and
 - (4) a group of cadets.
 - b. **Denied.** Assistance.
- 3. **Standards.** The cadet will successfully lead a group of cadets.

| Item | LHQ Level |
|---|-----------|
| Identify the principles of leadership. | Level 2 |
| Identify the qualities of a leader. | Level 2 |
| Discuss the role of self-confidence and self-discipline and the leader. | Level 2 |
| Discuss the responsibilities and duties of a junior NCO. | Level 2 |

| Item | LHQ Level |
|---|-----------|
| Identify the wants of a follower. | Level 3 |
| Identify the leadership approaches. | Level 3 |
| Describe the order giving process. | Level 3 |
| Identify the qualities of a leader. | Level 3 |
| Identify the incentives to performance and the needs of a follower. | Level 3 |
| Identify the principles of supervision. | Level 3 |
| Discuss the process of leadership evaluation for Proficiency Level 3. | Level 3 |

| Item | LHQ Level |
|---|-----------|
| Discuss morale as a basic requirement in a group. | Level 4 |
| Discuss esprit de corps. | Level 4 |
| Discuss interviewing and counselling. | Level 4 |
| Suggested counselling rules. | Level 4 |
| Common errors in counselling. | Level 4 |
| Identify the principles of supervision. | Level 4 |
| Discuss performance evaluation. | Level 4 |

| Item | LHQ Level |
|----------------------------------|-----------|
| How to plan an activity (SMEAC). | Level 4 |
| Plan and supervise an activity. | Level 4 |

| Item | LHQ Level |
|---|-----------|
| Plan and supervise two activities. | Level 5 |
| Discuss leadership (three group discussions). | Level 5 |

4. **References.** A2, A4, A7, A9, A11 and A20.

PO 409 - INSTRUCTIONAL TECHNIQUES

- 1. **Performance.** TEACH A PERIOD OF INSTRUCTION.
- 2. **Conditions.** The following are applicable:
 - a. **Given.** The following are given:
 - (1) a class of cadets;
 - (2) lesson specifications;
 - (3) available training aids;
 - (4) a classroom; and
 - (5) access to references (CTP, handbooks, etc.).
 - b. **Denied.** Assistance.
- 3. **Standards.** The cadet must successfully teach a period of instruction.

| Item | LHQ Level |
|---|-----------|
| Identify the principles of instruction. | Level 3 |
| Identify effective questioning techniques. | Level 3 |
| Develop a visual aid. | Level 3 |
| Identify the components of a lesson plan/prepare a lesson plan. | Level 3 |
| Prepare a 15-minute lesson. | Level 3 |
| Deliver a 15-minute lesson. | Level 3 |

| ltem | LHQ Level |
|---|-----------|
| Identify different types of problem trainees. | Level 4 |
| The teaching method/preparing the teaching lecture. | Level 4 |
| Lesson planning tips. | Level 4 |
| The performance method "Learn by doing". | Level 4 |
| Essentials of Demonstration Performance Method. | Level 4 |
| Teach a lesson. | Level 4 |

4. **References.** A2, A4, A7, A9 and A23.

PO 410 - EFFECTIVE SPEAKING

- 1. **Performance.** DELIVER A SPEECH IN PUBLIC.
- 2. **Conditions.** The following are applicable:
 - a. **Given.** The following are given:
 - (1) subject reference material;
 - (2) personal notes;
 - (3) an audience; and
 - (4) sufficient time to prepare.
 - b. **Denied.** Assistance.
- 3. **Standards.** The cadet must deliver a successful speech.

| Item | LHQ Level |
|--|-----------|
| Identify the principles of effective speaking. | Level 1 |
| Deliver a 1-minute speech to the class. | Level 1 |

| Item | LHQ Level |
|--|-----------|
| Identify the guidelines to delivering an impromptu speech. | Level 2 |
| Deliver a 1-minute impromptu speech. | Level 2 |
| Identify the characteristics that affect the human voice. | Level 2 |
| Prepare and deliver a 3-minute speech. | Level 2 |

4. **References.** A2, A4 and A23.

PO 411 – AIRCRAFT IDENTIFICATION

- 1. **Performance.** IDENTIFY AIRCRAFT.
- 2. **Conditions.** The following are applicable:
 - a. **Given.** The following are given:
 - (1) pictures of aircraft; and
 - (2) models.
 - b. **Denied.** Assistance.
- 3. **Standards.** The cadet will be required to identify different types of aircraft.

| Item | LHQ Level |
|---|-----------|
| Identify different types of aircraft (hot air balloons, airships, gliders, airplanes, space shuttle, etc.). | Level 2 |
| Discuss the evolution of air-space exploration. | Level 2 |

4. **References.** A4 and A5.

PO 412 - AERONAUTICAL FACILITIES

- 1. **Performance.** IDENTIFY THE MAIN COMPONENTS OF AN AERONAUTICAL FACILITY.
- 2. **Conditions.** The following are applicable:
 - a. **Given.** The following are given:
 - (1) a visit to an aeronautical facility;
 - (2) instruction;
 - (3) diagrams; and
 - (4) access to construction material.
 - b. **Denied.** Assistance.
- 3. **Standards.** The cadet will identify the main component of an aeronautical facility.

| Item | LHQ Level |
|--|-----------|
| Identify the major components of an aerodrome. | Level 1 |
| Identify runways. | Level 1 |
| Identify crash/emergency response equipment. | Level 1 |
| Construct a model of an aerodrome and/or tour a local aerodrome. | Level 1 |
| Participate in a familiarization flight. | Level 1 |

4. **References.** A2.

PO 413 – METEOROLOGY

- 1. **Performance.** DISCUSS METEOROLOGY.
- 2. **Conditions.** The following are given:
 - a. instruction; and
 - b. an opportunity to identify the components of the lesson.
- 3. **Standards.** The cadet will discuss meteorology.

| Item | LHQ Level |
|---|-----------|
| Identify the properties, divisions and characteristics of the atmosphere. | Level 4 |
| Identify classes of clouds. | Level 4 |
| Identify types of fogs. | Level 4 |
| Identify forms of precipitation. | Level 4 |
| Discuss temperature and sources of radiation. | Level 4 |

4. **References.** A9 and A14.

PO 414 – PRINCIPLES OF FLIGHT

- 1. **Performance.** DISCUSS THE PRINCIPLES WHICH AFFECT FLIGHT.
- 2. **Conditions.** The following are applicable:
 - a. **Given.** The following are given:
 - (1) models; and
 - (2) diagrams.
 - b. **Denied.** Assistance.
- 3. **Standards.** The cadet will identify the main principles that affect flight.

| Item | LHQ Level |
|---|-----------|
| Identify the four forces that act on an aircraft in flight. | Level 2 |
| Explain the production of lift. | Level 2 |
| Explain types of drag. | Level 2 |
| Explain aircraft axis movement. | Level 2 |
| Explain aircraft control surfaces. | Level 2 |
| Participate in a familiarization flight. | Level 2 |

4. **References.** A4 and A14.

PO 416 - PROPULSION

- 1. **Performance.** DISCUSS THE PROPULSION SYSTEM OF AN AIRCRAFT.
- 2. **Conditions.** The following are applicable:
 - a. **Given.** The following are given:
 - (1) models; and
 - (2) charts.
 - b. **Denied.** Assistance.
- 3. **Standards.** The cadet will discuss the propulsion system of an aircraft.

| Item | LHQ Level |
|---|-----------|
| Identify types of engines. | Level 2 |
| Identify the components of an internal combustion engine. | Level 2 |
| Explain the four stroke cycle. | Level 2 |
| Explain the functions of oil. | Level 2 |

| Item | LHQ Level |
|--|-----------|
| Explain propellers. | Level 3 |
| Identify engine instruments. | Level 3 |
| Explain the fuel system. | Level 3 |
| Explain the carburation system. | Level 3 |
| Explain supercharging and turbocharging. | Level 3 |

4. **References.** A4, A7 and A14.

PO 417 – NAVIGATION

- 1. **Performance.** PLOT A FLIGHT.
- 2. **Conditions.** The following are applicable:
 - a. **Given.** The following are given:
 - (1) maps;
 - (2) charts;
 - (3) plotting equipment; and
 - (4) supervision.
 - b. Denied. Assistance.
- 3. **Standards.** The cadet will plot a flight.

| Item | LHQ Level |
|---|-----------|
| Identify different types of navigation. | Level 3 |
| Identify technical air navigation procedures required for a flight. | Level 3 |
| Explain the Earth's magnetism. | Level 3 |
| Indicate position and direction of a plane. | Level 3 |
| Participate in a familiarization flight. | Level 3 |

| Item | LHQ Level |
|---|-----------|
| Identify different aeronautical charts. | Level 4 |
| Identify two types of chart projection (Lambert Conformal Conic and Mercator Projection). | Level 4 |
| Identify basic chart information. | Level 4 |
| Identify navigation plotting and plotting equipment. | Level 4 |
| Plot a direction. | Level 4 |
| Identify navigation terminology. | Level 4 |
| Participate in a familiarization flight. | Level 4 |

4. **References.** A7, A9 and A14.

PO 418 – RADIO COMMUNICATION

- 1. **Performance.** USE RADIO VOICE PROCEDURES.
- 2. **Conditions.** The following are applicable:
 - a. **Given.** The following are given:
 - (1) radio equipment; and
 - (2) situation where the cadet may apply the acquired knowledge.
 - b. **Denied.** Assistance.
- 3. **Standards.** The cadet will use radio voice procedures to make an emergency call and a distress call.

| Item | LHQ Level |
|---------------------------------|-----------|
| Identify the phonetic alphabet. | Level 2 |

| Item | LHQ Level |
|---|-----------|
| Identify radio procedures. | Level 3 |
| Identify correct calling and replying radio procedures. | Level 3 |
| Identify distress communication procedures. | Level 3 |
| Identify urgency and safety communication procedures. | Level 3 |
| Make an urgency call and a distress call. | Level 3 |

4. **References.** A4, A7 and A22.

PO 419 – AIRCREW SURVIVAL

- 1. **Performance.** PARTICIPATE IN AN AIRCREW SURVIVAL EXERCISE.
- 2. **Conditions.** The following are given:
 - a. training area;
 - b. a compass;
 - c. topographical maps;
 - d. a prepared survival exercise;
 - e. a daylight ground search and rescue exercise; and
 - f. supervision.
- 3. **Standards.** The cadet will participate in an aircrew survival exercise.

| Item | LHQ Level |
|--|-----------|
| Identify different way to care for personal equipment. | Level 1 |
| Start a fire for cooking and survival purposes. | Level 1 |
| Describe actions that should be taken when lost in the wilderness. | Level 1 |
| Describe seven enemies of survival. | Level 1 |
| Observe established camp routine. | Level 1 |
| Participate in an aircrew survival exercise. | Level 1 |

| Item | LHQ Level |
|---|-----------|
| Describe different types of survival shelters. | Level 2 |
| Describe proper hiking and trekking techniques. | Level 2 |
| Describe the steps to building a common rabbit snare. | Level 2 |
| Participate in an aircrew survival exercise. | Level 2 |

| Item | LHQ Level |
|---|-----------|
| Identify different types of maps, their care and maintenance. | Level 3 |
| Identify the marginal information and conventional signs found on a military topographical map. | Level 3 |
| Locate an area/point on the map using a four-figure and a six-figure grid reference. | Level 3 |
| Identify the components of the Silva compass and their related functions. | Level 3 |
| Identify the points of the compass. | Level 3 |
| Take a bearing to an indicated point on the ground. | Level 3 |
| Participate in an aircrew survival exercise. | Level 3 |

| Item | LHQ Level |
|---|-----------|
| Participate in a ground search and rescue exercise. | Level 3 |

| Item | LHQ Level |
|--|-----------|
| Identify important points to remember in selecting a bivouac site. | Level 4 |
| Identify the elements of a bivouac site. | Level 4 |
| Support the squadron staff in the organization and the supervision of a survival exercise. | Level 4 |

4. **References.** A2, A4, A7, A9 and A15.

PO 420 – TRAINING SUPPORT

- 1. Performance. PERFORM DUTIES IN SUPPORT OF THE SQUADRON TRAINING STAFF.
- 2. **Conditions.** The following are applicable:
 - a. Given. The following are given:
 - (1) tasks;
 - (2) required material;
 - (3) supervision; and
 - (4) briefing.
 - b. **Denied.** Assistance.
- 3. **Standards.** The cadet will perform a series of tasks in support of the squadron training staff.

| Item | LHQ Level |
|---|-----------|
| Perform a series of duties in support of the squadron training staff. | Level 4 |

4. References. A9 and A20.

PO 421 - SHOOTING

- 1. **Performance.** SHOOT AN AIR RIFFLE.
- 2. **Conditions.** The following are applicable:
 - a. **Given.** The following are given:
 - (1) direct supervision by a range safety officer;
 - (2) air rifle range;
 - (3) range safety orders;
 - (4) ear protectors;
 - (5) air rifles;
 - (6) pellets.
- 3. **Standards.** The cadet must participate in a shooting familiarisation session.

| Item | LHQ Level |
|--|-----------|
| Observe safety regulations. | Level 1 |
| Assemble and disassemble the air rifle. | Level 1 |
| Perform maintenance procedures to the air rifle. | Level 1 |
| Respect orders and procedures. | Level 1 |
| Load and unload the air rifle. | Level 1 |
| Fire with the air rifle. | Level 1 |

5. References. A2, A18.

ANNEXES



Main References Material Support Cadet Information Sheet Academic Record

ANNEX A

MAIN REFERENCES

1. The following publications have been identified as recommended references in support of the Programme.

| Reference Code | National Defence Index of Documentation Number | Publication Title |
|-------------------|---|--|
| A1 | A-CR-CCP-266/PH-001 | Proficiency Level 1, CTP |
| A2 | A-CR-CCP-266/PT-001 | Proficiency Level 1, Cadet Handbook |
| A3 | A-CR-CCP-267/PH-001 | Proficiency Level 2, CTP |
| A4 | A-CR-CCP-267/PT-001 | Proficiency Level 2, Cadet Handbook |
| A5 | A-CR-CCP-267/PA-001 | Proficiency Level 2, Aviation Trivia Game |
| A6 | A-CR-CCP-268/PH-001 | Proficiency Level 3, CTP |
| A7 | A-CR-CCP-268/PT-001 | Proficiency Level 3, Cadet Handbook |
| A8 | A-CR-CCP-269/PH-001 | Proficiency Level 4, CTP |
| A9 | A-CR-CCP-269/PT-001 | Proficiency Level 4, Cadet Handbook |
| A10 | A-CR-CCP-270/PH-001 | Proficiency Level 5, OJT CTP |
| A11 | A-CR-CCP-270/PT-001 | Proficiency Level 5, Cadet Organizer |
| A12 | A-PD-201-000/PT-000 | Canadian Forces Manual of Drill and Ceremonial |
| A13 | A-CR-CCP-XXX/PT-001 | Cadet Administrative and Training Orders |
| A14 | | From the Ground Up |
| A15 | B-GA-217-001/PT-001 | Down But Not Out |
| A16 | A-CR-CCP-983/PT-001 | The Canadian Citizen |
| A17 | A-CR-CCP-122/PT-001 | Symbols of Canada |
| A18 | | Applicable Range Standing Orders |
| A19 | | Canada Food Guide |
| A20 | | Squadron Standing Orders |
| A21 | | Handouts provided by a guest lecturer |
| A22 | RIC-21 | Guide for the Radio Telephone Operator's Restricted Certificate (aeronautical) |
| A23 | A-CR-CCP-913/PT-001 | Technique of Instruction, CILTraining School |

ANNEX B

MATERIAL SUPPORT

- 1. The following tables contain a list of those items that have been identified as required material in support of the Air Cadets Proficiency Level Programme.
- 2. The cadet uniform and all rank badges have been left off this list as they are expected issue for all cadets.
- 3. There will be some small items that cannot be supplied to the cadet or the cadet squadron but must be procured locally with non-public funds. An example of this is the personal clothing required to participate in weekend survival exercises.

SCALES OF ISSUE LHQ TRAINING

| NOTE The explore of inque for the motorial provided by DND is currently under revision. As |
|---|
| The scales of issue for the material provided by DND is currently under revision. An amendment to the current publication will be forwarded as soon as the revision has been completed. |
| |
| |
| |

Figure B-1 Materiel Provided by DND

| Description of Item | Suggested Requirement | Issuing Authority | Performance Objective/Remarks |
|-----------------------|--------------------------|----------------------|--|
| White lanyards | As required by the CO | Sqn CO | Must be limited to Numbered Orders of Dress C-1 and C-2, and only for ceremonial purpose, PO 401, Annual Inspection. |
| White gloves | As required by the CO | Sqn CO | Must be limited to Numbered Orders of Dress C-1 and C-2, and only for ceremonial purpose, PO 401, Annual Inspection. |
| Parade ground markers | As required | Sqn CO | PO 401, PO 402, Annual Inspection. |
| Flat Iron, electric | 1 per Sqn | Sqn CO | PO 403 |
| Pad ironing board | 1 per Sqn | Sqn CO | PO 403 |
| Board, iron | 1 per Sqn | Sqn CO | PO 403 |
| Sports equipment | As required | Sqn CO | PO 405 |
| Kitchen utensils | 2 sets per Sqn | Sqn CO | PO 419 |

Figure B-2 Material Provided by the Squadron/Sponsor

- 1. The following items have been identified as required consumable material in support of the Proficiency Level Programme.
- 2. Items 7 and 13 will only be issued for the duration of the mandatory survival exercise upon presentation of the authorized exercise request.
- 3. Items 5, 6, 8, 9, 10 and 11 will only be issued to units with authorized access to an indoor rifle range, countersigned by the Regional Headquarters.

| | Item Description | Provided By | Remarks |
|----|-------------------------------|-------------|---|
| 1 | Paper towel | DND | As required, PO 419. |
| 2 | Toilet paper | DND | As required, PO 419. |
| 3 | Garbage bags | DND | As required, PO 419 |
| 4 | Chalks | Sqn | As required, PO 419, Instructors Staff. |
| 5 | Lubricating oil | DND | As required, PO 421. |
| 6 | Gun oil | DND | As required, PO 421. |
| 7 | Sharpening stone | DND | 1 per cadet squadron, PO 419. |
| 8 | Rifle cleaning flannellettes | DND | As required, PO 421. |
| 9 | Target, NSN 6920-21-875-1933 | DND | As required, PO 421. |
| 10 | Target, NSN 6920-21-102-3883 | DND | As required, PO 421. |
| 11 | Ammunition, .22 cal | DND | As required, PO 421. |
| 12 | Matches, strike anywhere | Sqn | As required, PO 419. |
| 13 | Batteries, flashlight | DND | As required, PO 419. |
| 14 | Liquid detergent | Sqn | As required, PO 419. |
| 15 | Bristol, board | Sqn | As required, PO 409, PO 412, Instructors Staff. |
| 16 | Construction paper, coloured | Sqn | As required, PO 409, PO 412, Instructors Staff. |
| 17 | Flip chart paper refill | Sqn | As required, PO 408, PO 409, Instructors Staff. |
| 18 | Markers (different colours) | DND | As required, PO 409, Instructors Staff. |
| 19 | Transparencies | Sqn | As required, PO 409, Instructors Staff. |
| 20 | Bug repellent | DND | As required, PO 419. |
| 21 | Paper/plastic plates and cups | Sqn | As required, PO 419. |

Figure B-3 Consumable Items

ANNEX C CADET INFORMATION SHEET

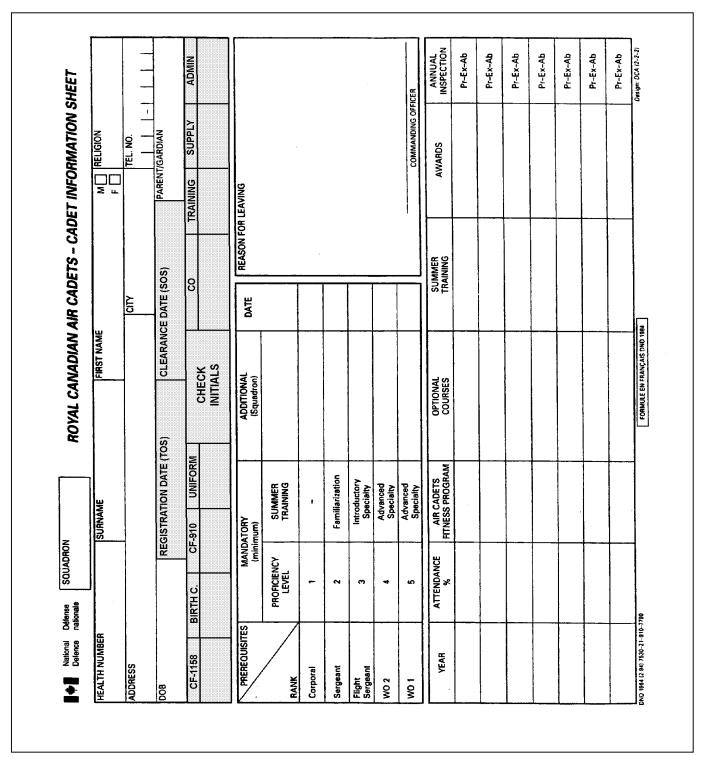


Figure C-1 Royal Canadian Air Cadets - Cadet Information Sheet

| CADET'S NAME | | 2 | MANDATORY TRAINING | <u> </u> | SQUADRON | | |
|-----------------------------|--------------|-----------------------------|--------------------|----------|--------------------|-----|----------------------------|
| 19 to | | | LEVEL 1 | L1 | Level 1 atained | Yes | No ☐ Final Mark A B C F |
| 401 Drill | % | 410 Effective Speaking |) 4-4 | Comments | | | |
| | | 411 Aircraft Identification | P - F | | | | |
| 403 General Cadet Knowledge | % | 412 Aeronautical Facilities | P - F | | | | |
| 404 Citizenship | P-F | 415 Airframe Structure | T. | | | | |
| 405 Physical Fitness | u (| 419 Aircrew Survival | u 1 | | | | |
| 406 Sensible Living | P - F | 421 Shooting/Range | 7 - A | Cadet | | | Level Officer |
| 19to | | | LEVEL 2 | L 2 | Level 2 atained | | No ☐ Final Mark A B C F |
| AO1 Dritt | 8 | 408 Leadershin | 9-4 | Comments | | | |
| | 2 | 410 Effective Creeking | . u | | | | |
| 402 Goneral Cadat Knowledge | 8 | 410 Effective Speaking | _ u | | | | |
| 404 Citizenshin | , u | 416 Propulation | Н С | | | | |
| 405 Physical Fitness | . LL | 418 Radio Communication | 14 | | | | |
| 406 Sensible Living | . LL . G. | 419 Aircrew Survival | P-F | te Pe | | | aval Officer |
| 10 +5 | | | I EVEL 3 | | Level 3 | Yes | No |
| | | | | Comments | ataillea | | 888 |
| EO 154 | * | 406 Leagership | - | | | | |
| 402 Drill Instruction | P - F | Techniques | % | | | | |
| 403 General Cadet Knowledge | P - F | 416 Propulsion | ٩ ٦ | | | | |
| 404 Citizenship | P - F | 417 Navigation | Д П | | | | |
| 405 Physical Fitness | P-F | 418 Radio Communication | <u>د</u> ا | | | | |
| 406 Sensible Living | u- d | 419 Aircrew Survival | P-F | Cadet | let | 1 | Level Officer |
| 19 to | | | LEVEL | ۲4 | Level 4 atained | Yes | No |
| 401 Drill | P.F | | | | | | |
| 402 Drill Instruction | P-F | 409 Instructional | | | | | |
| 404 Citizenship | P-F | Techniques | % | | | | |
| 405 Physical Fitness | P - F | 413 Meteorology | P - F | | | | |
| 406 Sensible Living | 7 - q | 417 Navigation | u. (| | | | |
| | | 419 Aircrew Survival | u (| | | | |
| 408 Leadership | % | 420 Training Duties | P - F | Cadet | let | | Level Officer |
| Comments/Recommendations | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | Training Officer |

Figure C-2 Royal Canadian Air Cadet – Academic Record